

# SUMMER 2021 CAMPS

HAVE FUN! BE SAFE! WORK HARD! PLAY HARD!



**COURT HOUSE**  
FAMILY FITNESS



## DAY CAMPS & SPORTS CAMPS

Camp Themes,  
Activities, Sport Court  
& Play Structure

Over 110,000 sq. ft. of  
air-conditioned activity  
space on 2 Campuses

Indoor Full Court  
& Turf Space for  
Scholastic Sports

### AMERICA'S BEST KIDS & COURT HOUSE FAMILY FITNESS

At America's Best Kids Sports and Learning Center our mission is to help all children become happy, healthy, confident and responsible individuals, in a safe, fun, positive and nurturing environment.

[www.abkfun.com](http://www.abkfun.com) | ABK: 1914 Skypark Drive Medford, OR 97504 | 541-245-0432

Court House Family Fitness: 709 North Phoenix Road Medford, OR 97504

# ABK SPORTS CAMPS FOR BOYS & GIRLS

## Spaces Limited!

Registration opens on February 1st: Quick and easy registration online or on our mobile app!

\*All Sports Camps are non-refundable and non-transferrable

### GYMNASTICS CAMP

Ages 6-12:

Monday-Thursday 12pm-3pm

June 14th - 17th

July 12th - 15th

August 9th - 13th

**ABK Gymnastics Camps** are packed full of fitness, acrobatics, and proper gymnastics techniques. The sport of Gymnastics provides superior fundamental preparation for both boys and girls that often translates to successful experiences in future sports and athletics. Students will learn balance, strength, flexibility, and progressions in the Olympic Events. Boys will learn fundamental parkour moves, new tricks, strength, and work on speed, agility, & quickness (SAQ).

\*July 16th Mini Olympics move up opportunity add on available!

### KARATE CAMP

Ages 6-12:

Monday-Friday 12pm-3pm

June 21st - 25th

July 19th - 23rd

August 9th - 13th

**ABK Karate Camps** are designed for both the current martial arts student and the aspiring Black Belt. For three hours each day campers are training both technique and curriculum! Some camp activities include board breaking, weapons, sparring, "ninja warrior" style obstacle courses and games! One karate camp also will give you 12-15 karate class credits that can go toward your next belt testing.

### AQUATICS CAMP

Ages 3-12

Monday-Friday

June 21st - 25th

July 12th - 16th

July 26th - 30th

August 16th - 20th

**ABK Aquatics Camps** are a great way to get your child swimming safely in the most fun and fastest way! During these accelerated swim lessons your child will gain the fundamentals of swimming with the end goal being confidence and strong aquatic safety skills. Camps are 5 days a week (Mon-Fri) for 45 minute classes each day.

#### **Beginner Dolphins (ages 3-5) & Sharks (ages 5-12)**

12:00 pm-12:45pm: For children who have no swim experience or cannot swim independently.

#### **Advanced Dolphins (ages 3-5) & Sharks (ages 5-12)**

12:45pm-1:30pm: For children who have had swim experience or are independent in the water.

### Gymnastics Camp Pricing:

Members \$130

Non-Members \$150

### Karate Camp Pricing:

Members \$140

Non-Members \$160

### Aquatics Camp Pricing:

\$89 Members

\$99 Non-Members



# REGISTER ONLINE [www.abkfun.com](http://www.abkfun.com)

## Multi Camp Discount:

A student registered for more than 2 camps receives \$10 off the 3rd or more camps!

### DANCE CAMPS

#### JUNIOR PRODUCTION

Ages 7-11

Monday - Thursday

12pm - 2:30pm

June 28th - July 1st

#### TEEN PRODUCTION

Ages 12-17

Monday - Thursday

12pm - 2:30pm

August 16th - 19th

### PRESCHOOL FAIRYTALE DANCE CAMP

Ages 3-5

Monday - Thursday

12pm - 1:30pm

June 14th - 17th

### PRESCHOOL POPSTARS HIP HOP DANCE CAMP

Ages 4-6

Monday - Thursday

12pm - 1:30pm

July 26th - 29th

**Junior Production Dance Camp:** In this camp students will be learning and performing a Musical Theatre mini production of Trolls! Each of the 4 days campers will learn a new portion of a Jazz and Hip Hop styled dance to be combined for the final performance on the last day of camp. A virtual version of the performance will be shared with camp families approximately 1 week after the conclusion of camp. \*Campers should dress in neon colors and crazy troll hair for the final performance.

**Teen Production Dance Camp:** During this 4-day camp students will be learning and performing a Musical Theatre mini production of the classic board game Clue! Campers will learn multiple styles of dance throughout the week and combine each day's lessons into one final show. A virtual version of the performance will be shared with camp families approximately 1 week after the conclusion of camp. \*Campers will be given a character to dress up as for the final performance.

ABK's **Preschool Fairytale Dance Camp** will be a 4-day adventure through a fairytale land. Each day will feature a new fairytale including a new dance daily, dance games, and an arts & craft project. Camp will end with a Fairytale Finale show for the parents during the last 15 minutes of camp. A virtual version of the performance will be shared with camp families approximately 1 week after the conclusion of camp.

During ABK's **Preschool Popstars Hip Hop Camp** little ones will let their imaginations run wild through 4 days of story telling, dress-up, arts & crafts, and an exciting new dance theme each day of camp. Camp will end with a hip hop popstar performance for the parents during the last 15 minutes of camp. A virtual version of the performance will be shared with camp families approximately 1 week after the conclusion of camp.

### Dance Camp Pricing:

Preschool Camps:

Members \$75, Non-Members: \$95

Production Camps:

Members \$120, Non-Members \$140

### Annual Membership Fee

\$30/year Individual

\$60/year Family



# DAY CAMPS

When School Is Out...ABK Camps Are In!

## Preschool Camp

Ages 3-5 years

Hours:

9:00am - 1:00pm

3 Days/Week:

Monday/Wednesday/Friday

## Recreational Camp

Ages 5-12 years

Weekday Hours:

Camp: 8:30am - 2:30pm

Extended Care: 2:30pm - 5:30pm

5 day/wk option: Mon-Fri

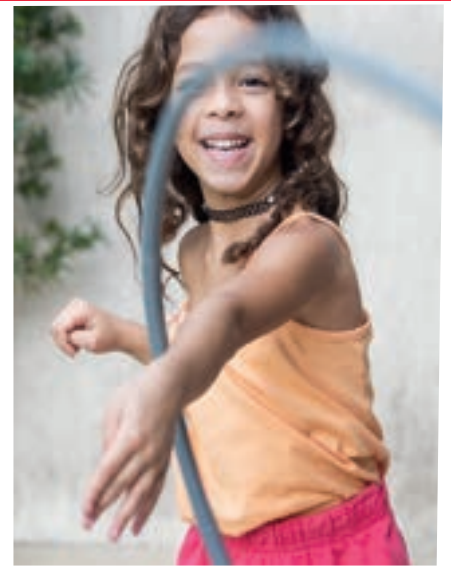
3 day/wk option: Tues/Weds/Thurs



Over 30,000 sq. ft. of air conditioned activity space, a full length outdoor sport court, and play structure!

Includes:

Swim Days, Friday Field Trips, Obstacle Courses, Outdoor Waterplay, Rigorous Gym Floor Challenges



# PRESCHOOL DAY CAMP

## Ages 3-5 Years at America's Best Kids

### CAMP THEMES

June 21-25: Gymnastics Jamboree  
June 28-July 2: Kickin' Karate

July 12-16: Team Sports Spectacular  
July 19-23: Kickin' Karate  
July 26-30: Olympic Extravaganza

August 9-13 Gymnastics Jamboree  
August 16-20: Kickin' Karate

### CAMP SCHEDULE

Monday, Wednesday, Friday  
Hours: 9am - 1pm

Keep your preschooler active this summer with the **ABK Sports Sampler**. We introduce kids to a variety of sports with an emphasis on values, skill building, positive social behavior, and overall good health. Gross and fine motor skills will be explored daily. Since gymnastics provides a great foundation for all sports we will include gym time each day along with the specific themed sport of the week. We provide four full hours of enriching and educational preschool fun!

Weekly attendance is strongly encouraged; however, you can pick and choose your weeks of camp based on your schedule. The camp runs Monday, Wednesday, & Friday from 9am-1pm.

# RECREATIONAL DAY CAMP

## Ages 5-12 Years at America's Best Kids

### CAMP THEMES

June 14-18: Camp-O-Rama Kickoff  
June 21-25: Creative Chaos  
June 28-July 2: Survivor Week

July 6-9 (no 5th): Spirit Week  
July 12-16: Christmas in July  
July 19-23: Space Week  
July 26-30: Superhero Week

August 2-6: Food Frenzy Week  
August 9-13: Mad Science Week  
August 16-20: Hawaiian Hullabaloo

### CAMP SCHEDULE

Weekday Camp Hours:  
8:30am-2:30pm

Extended Care Hours:  
2:30pm-5:30pm

The America's Best Kids Day Camp is all about fun! Recreational students ages 5-12 will enjoy games, crafts, gymnastics, dance, swimming, outdoor activities and more.\* Snacks and drinks will be provided throughout the day. Please pack a lunch, swimsuit, towel, and sunscreen daily.

Camp will be following the guidelines provided by the state and county for child care, so rest assured your child's safety is our top priority. Recreational camps have a few options for flexible scheduling.

Registration forms are available online at [www.abkfun.com/day-camps](http://www.abkfun.com/day-camps). In order to assure proper billing and enrollment forms must be filled out and either returned to the front desk or scanned and emailed to [customerservice@abkfun.com](mailto:customerservice@abkfun.com).

\*Some activities may be restricted depending on current state and county mandates. Please inquire with an instructor for specifics.\



# RATES & INFORMATION

## \*Preschool Sports Sampler Day Camp Rates

3 days/week (Mon/Weds/Fri)	\$108/week
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## Recreational Day Camp Rates

	Camp 8:30am-2:30pm	Extended Care 2:30pm-5:30pm
<b>5 Days/Week</b>	\$180/week	\$90/week
<b>4 Days/Week</b> (July 6th - 9th only)	\$144/week	\$72/week
<b>3 Days/Week (Tues/Weds/Thurs)</b>	\$117/week	\$58.50/week
<b>Paid in full discount: 10% off the total if you pay in full by 5/31/21</b>		

## DAY CAMP GENERAL INFORMATION

### FAQ:

- \*Children need to bring lunches, sunscreen, swimsuits and towels each day.
- \*ABK will provide snack each day.
- \*Lifeguards will be on duty for all swim activities and floatation devices are provided.
- \*Recreational campers under 6 years must have a parent on the pool deck during swimming activities.
- \*Campers that do not swim will do other activities or games.
- \*Preschool campers will not swim in the pool but may participate in water games outdoors.
- \*Some activities may be restricted depending on state & county mandates. Please inquire with an instructor for specifics.

### REGISTRATION & PAYMENT:

Annual Membership \$30/year for individual \$60/year for a family. A 25% deposit on camps is due to save your place. The remaining balance will be divided evenly over the remaining summer months in which the student is attending. Monthly installments are charged via autopay, on the first of each month, using the payment method saved on file. Alternately we are offering a **paid in full discount of 10% off the total if you pay in full by 5/31/21!** \*All Camp totals of \$200 or less are due in full at the time of sign up.

### CANCELLATION:

A full refund less a 10% processing fee will be granted if cancellation is made 30 days or more before the first day of the camp week, or a 25% processing fee will be charged if made 15-29 days prior to the first day of the camp week. No refunds are granted within 14 days of the camp start date.

### RESCHEDULING:

Scheduled camp dates may be changed (when space is available) up to 7 days prior to that week's camps.

# COURT HOUSE SPORTS CAMPS

Information Coming Soon!!

Basketball  
Soccer  
Football  
Strength & Speed

Times and Dates  
TBA



55,000 sq. ft. of air conditioned activity space, full size indoor basketball courts, turf court, batting cages, pitching tunnels, the "Shooting Gun," and more!



**COURT HOUSE**  
FAMILY FITNESS



# OUR PROGRAMS

**GYMNASTICS**  
**KARATE**  
**SWIMMING**  
**DANCE**  
**AFTER SCHOOL CARE**  
**PRESCHOOL & JR KINDER**  
**CAMPS & EVENTS**  
**BIRTHDAY PARTIES**  
**SOCCER**  
**BASKETBALL**  
**BASEBALL & SOFTBALL**  
**ATHLETIC EDGE**  
**COURT HOUSE FAMILY FITNESS**

0-2 Years	2-3 Years	3-5 Years	5-12 Years	12-17 Years	18+ Years
Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics
Swimming	Swimming	Swimming	Swimming	Karate	Karate
	Soccer	Soccer	Soccer	Dance	Dance
	Birthday Parties	Karate	Karate	Basketball	Basketball
		Dance	Dance	Baseball/Softball	Baseball/Softball
		Preschool/Jr K	Afterschool Care	Teen Fitness	Adult Fitness
		Birthday Parties	Birthday Parties		
		Camps	Camps		
		Basketball	Basketball		
		Baseball/Softball	Baseball/Softball		

View a schedule of classes and pricing online at [www.abkfun.com](http://www.abkfun.com) or download the America's Best Kids Mobile App.



## REGISTRATION FEES FOR ALL PROGRAMS

Individual Membership \$30.00 /year

Family Membership \$60.00/year

Registration fee valid for all programs and members receive discounts on Special Events, Parent's Night Out, and Camps. Programs and pricing are subject to change.



Try it Out! No Obligation. Call today! **541-245-0432**